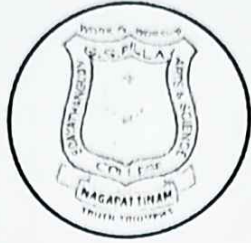


E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)

DEPARTMENT OF MANAGEMENT STUDIES



VALUE ADDED COURSE - REPORT

DEALING STRESS WITH YOGA

13/09/2021 to 17/09/2021

ATTESTED


Dr. S. RAMABALAN, M.E., Ph.D.,
PRINCIPAL

E.G.S. Pillay Engineering College,
Thethi, Nagore - 611 002.
Nagapattinam (Dt) Tamil Nadu.

**E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
DEPARTMENT OF MANAGEMENT STUDIES**

CIRCULAR

08/09/2021

We are delighted to inform you that our department is organizing a value-added course on "Deal Stress with Yoga" from 13-09-2021 to 17-09-2021. This course aims to help you learn how to deal with stress effectively using the ancient practice of yoga.


Director/MBA

ATTESTED

Dr. S. RAMABALAN, M.E., Ph.D.,
PRINCIPAL
E.G.S. Pillay Engineering College,
Thethi, Nagore - 611 002.
Nagapattinam (Dt) Tamil Nadu.

**Value Added Course
13-09-21 to 17-09-21**

E.G.S. PILLAY ENGINEERING COLLEGE
An Autonomous Institution, Affiliated to Anna University
DEPARTMENT OF MANAGEMENT STUDIES

The Department of Management Studies of E.G.S. Pillay Engineering College is organizing a five day Value Added Course starting from 13-09-2021 to 17-09-2021 on "Deal Stress With Yoga". The agenda of the programme is provided on the left side of the brochure.

Agenda

DAY 1:

What is Yoga and How Yoga helps in calming mind?

DAY 2:

Tadasana, Phalakasana

DAY 3:

Utkatasana, Garudasana

DAY 4:

Virabhadrasana, Ustrasana & Padmasana

DAY 5: Recap

To counter the effects of stress due to both personal and study related factors, wellness programs that focus on students' physical and mental health have become widespread in our group of institutions. Such programs, when properly implemented and taken advantage of by the students, can lead to improvements in their health and morale. In view of the students' concern about escalating health care costs and the cost of students absenteeism due to poor health, wellness programs are clearly appropriate in today's times.

In this 30 hour programme we will see how the techniques and practices of Yoga - a time-tested oriental science - may be helpful in dealing the stress amongst students.

Organizer of the Programme:

Dr. R. Karthi,

Director of the Department of Management Studies,
E.G.S. Pillay Engineering College, Nagapattinam.

Instructor Details:

Prof. R. Pandian.

Yoga Instructor,

E.G.S. Pillay Engineering College, Nagapattinam.

ATTESTED

Dr. S. RAMABALAN, M.E.

PRINCIPAL

E.G.S. Pillay Engineering Coll


Thethi, Nagore - 611 002.

Nagapattinam (Dt) Tamil Na

Contents

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2	Instructor Profile
3	Participants' Name List
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8	Sample Photos
9	Sample Certificates

ATTESTED


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Tiruthi, Nagore - 611 002.
Nagapattinam (Dt) Tamil Nadu.

Objectives of the course

- i. Students can able to know the different ways of reducing stress through yogic workout
- ii. Students can realize the benefits of specific yogic techniques to reduce stress.


Instructor Profile:

Prof. R. Pandian

Yoga Instructor,

EGS Pillay Engineering College

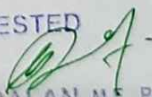
ATTESTED


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Nagapattinam (Dt) Tamil Nadu.

Participant's name list

Sl.no.	Student name	Reg. number
1	AARTHI S	8208E21BAR001
2	ABIMANYU A	8208E21BAR003
3	ABINAYA M	8208E21BAR004
4	ABIRAMIR	8208E21BAR005
5	AGASH D	8208E21BAR006
6	AJAY S	8208E21BAR007
7	AKILAN A	8208E21BAR008
8	AMEER ALI S	8208E21BAR009
9	ANAND R	8208E21BAR010
10	ARAFATH AHAMED.K.A	8208E21BAR012
11	ARCHANA N	8208E21BAR013
12	ARULMOZHI K	8208E21BAR014
13	ARUNACHALAM CHETTIYAR	8208E21BAR015
14	AYSWARYA RAVICHANDRAN	8208E21BAR016
15	BALAMURUGAN S	8208E21BAR017
16	BHARATHI RAJA M	8208E21BAR018
17	BRINDHA T	8208E21BAR019
18	CHANDRA BHARATHI C	8208E21BAR020
19	CHEZHIAN R.R	8208E21BAR021
20	DAINISHA M	8208E21BAR022
21	DEEPA T	8208E21BAR023
22	DHARANI S	8208E21BAR024
23	DINESHKUMAR R	8208E21BAR025
24	DURGA D	8208E21BAR026
25	GUNAAL K	8208E21BAR027
26	HARINI N	8208E21BAR028
27	ILAKKIYA S	8208E21BAR029
28	JOSEPH VINSLET J	8208E21BAR030
29	KALIDOSSS M	8208E21BAR031
30	KARPAGARAJ K	8208E21BAR032
31	KARTHIGA K	8208E21BAR033
32	KARTHIKA V	8208E21BAR034
33	KARUNAKARAN R	8208E21BAR035
34	KATHIR VEL J	8208E21BAR036
35	KAVIYAN V	8208E21BAR037
36	KEERTHANA K S	8208E21BAR038
37	KESAVAN R	8208E21BAR039
38	KOKILA K	8208E21BAR040
39	MANIKANDAN P	8208E21BAR041
40	MANO BHARATHI S	8208E21BAR042

ATTESTED


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PRINCIPAL
E.C.S. Pillay Engineering College
Thethi, Nagore - 611 002.
Nagapattinam (Dt) Tamil Nadu.

Participant's name list

Sl.no.	Student name	Reg. number
41	MANOHAR.S	8208E21BAR043
42	MANOJ KUMAR.V	8208E21BAR044
43	MANOJKUMAR.T	8208E21BAR045
44	MATHIVANAN.G	8208E21BAR046
45	MOHAMED IJILAN JUBAIR.M	8208E21BAR047
46	MOHAMED JACKARIA.M	8208E21BAR048
47	MOHAMED MARVAN.M	8208E21BAR049
48	MOHAMED MUSTHAK.U	8208E21BAR050
49	MOHAMED RAISOOL HASSAN.M	8208E21BAR051
50	MOHAMED SAJIL.S	8208E21BAR052
51	MOHAMED YASIR.S	8208E21BAR053
52	MOHAMED YUSUF.M	8208E21BAR054
53	MOUNICA.R	8208E21BAR055
54	MUKESHWARY.J	8208E21BAR056
55	MUNEERA.M.Y	8208E21BAR057
56	MUTHU RAJ.S	8208E21BAR058
57	NAGARAJAN.S	8208E21BAR059
58	NANDHINI.M	8208E21BAR060
59	NAVASHRI.N	8208E21BAR061
60	NAVINESH.T	8208E21BAR063
61	NEYAN.A	8208E21BAR064
62	NILAVARASI.M	8208E21BAR065
63	NITHISZHA.M	8208E21BAR066
64	NITHIYA.L	8208E21BAR067
65	NIVETHA.N	8208E21BAR068
66	NIVETHA.T	8208E21BAR069
67	PAVITHRAN.P	8208E21BAR070
68	PRANESH.K	8208E21BAR071
69	PRASANTH.N	8208E21BAR072
70	PRAVEENKUMAR.T	8208E21BAR073
71	PREETHI.D	8208E21BAR074
72	PREMA.V	8208E21BAR075
73	PRIYANKAA.B	8208E21BAR076
74	PRIYANKA.M	8208E21BAR077
75	RAHILA.S	8208E21BAR078
76	RAJAGANAPATHI.A	8208E21BAR079
77	RAJAGOPAL.D	8208E21BAR080
78	RAJESHKUMAR.R	8208E21BAR082
79	RAJKANNAN.M	8208E21BAR083
80	RAKESH.S	8208E21BAR084

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Participant's name list

Sl.no.	Student name	Reg. number
81	REVATHI.M	
82	ROSELIN.D	8208E21BAR085
83	SABARI DHERSINI.S	8208E21BAR086
84	SABIKKUMAR.R	8208E21BAR087
85	SAKI.B	8208E21BAR088
86	SAKTHIVALAVAN.S	8208E21BAR089
87	SANGEETHA.S	8208E21BAR090
88	SANGEETHA.V	8208E21BAR091
89	SANKARGANESH.V	8208E21BAR092
90	SHAKULAMEERKHAN.B	8208E21BAR093
91	SHAMINA JANNATHUL FARHATH.M	8208E21BAR094
92	SHANMATHY.R	8208E21BAR095
93	SHANMUGAMANI.S	8208E21BAR096
94	SIVANESH.K	8208E21BAR097
95	SIVARAME	8208E21BAR098
96	SOWNDARYA.G	8208E21BAR099
97	SRI SUPRIYA.S	8208E21BAR100
98	SRIDHAR.G	8208E21BAR101
99	SRIRAMP.R	8208E21BAR102
100	SRIRAM.M	8208E21BAR103
101	SUMESH.M	8208E21BAR104
102	SUNITHA.L	8208E21BAR105
103	SURIYA PANDIYAN.E	8208E21BAR106
104	SURIYA.S	8208E21BAR107
105	SUSHMITHA.S	8208E21BAR108
106	SWETHA.M	8208E21BAR109
107	SWETHA.N	8208E21BAR110
108	THAMEEMUL ANSARY.S	8208E21BAR111
109	THAVASEELAN.R	8208E21BAR112
110	UDHAYA.M	8208E21BAR113
111	VADIVEL.S	8208E21BAR114
112	VENGADESHWARI.R	8208E21BAR115
113	VENGATESAN.M	8208E21BAR116
114	VENKATESH.M	8208E21BAR117
115	VETRIKUMAR.C	8208E21BAR118
116	VIGENESH.D	8208E21BAR119
117	VIGNESH.T	8208E21BAR120
118	VIJAI.V.T.S	8208E21BAR121
119	VINITH.D	8208E21BAR122
120	VISHAL.V	8208E21BAR123
121	VISHWA.R	8208E21BAR124
122	YUVARAJA.S	8208E21BAR125

ATTESTED

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E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
 Department of Management Studies
 Deal Stress with Yoga – Value Added Course Attendance
 BATCH 2021-2023

S.No	Reg No	Name	13-09-21	14-09-21	15-09-21	16-09-21	17-09-21
1	820BE21BAR001	AARTHI S	S. Arathi	S. Arathi	S. Arathi	S. Arathi	S. Arathi
2	820BE21BAR004	ABINAYA M	Abinaya M	Abinaya M	Abinaya M	Abinaya M	Abinaya M
3	820BE21BAR006	AGASHI D	Agashi D	Agashi D	Agashi D	Agashi D	Agashi D
4	820BE21BAR007	AJAY S	Ajay S	Ajay S	Ajay S	Ajay S	Ajay S
5	820BE21BAR008	AKILAN A	Akilan A	Akilan A	Akilan A	Akilan A	Akilan A
6	820BE21BAR010	ANAND R	Anand R	Anand R	Anand R	Anand R	Anand R
7	820BE21BAR014	ARULMOZHI K	Arulmozhi K	Arulmozhi K	Arulmozhi K	Arulmozhi K	Arulmozhi K
8	820BE21BAR015	ARUNACHALAM CHETTIYAR	Arunachalam Chettiyar	Arunachalam Chettiyar	Arunachalam Chettiyar	Arunachalam Chettiyar	Arunachalam Chettiyar
9	820BE21BAR016	AYSWARYA RAVICHANDRAN	Ayswarya Ravichandran	Ayswarya Ravichandran	Ayswarya Ravichandran	Ayswarya Ravichandran	Ayswarya Ravichandran
10	820BE21BAR019	BRINDHA T	Brindha T	Brindha T	Brindha T	Brindha T	Brindha T
11	820BE21BAR020	CHANDRA BHARATHI C	Chandra Bharathi C	Chandra Bharathi C	Chandra Bharathi C	Chandra Bharathi C	Chandra Bharathi C
12	820BE21BAR021	CHEZHIAN R R	Chezhian R R	Chezhian R R	Chezhian R R	Chezhian R R	Chezhian R R
13	820BE21BAR023	DEEPA T	Deepa T	Deepa T	Deepa T	Deepa T	Deepa T
14	820BE21BAR024	DNARANI S	Dnarani S	Dnarani S	Dnarani S	Dnarani S	Dnarani S
15	820BE21BAR028	HARINI N	Harini N	Harini N	Harini N	Harini N	Harini N
16	820BE21BAR030	JOSEPH VINSLET J	Joseph Vinslet J	Joseph Vinslet J	Joseph Vinslet J	Joseph Vinslet J	Joseph Vinslet J
17	820BE21BAR034	KARTHIKA V	Karthika V	Karthika V	Karthika V	Karthika V	Karthika V
18	820BE21BAR041	MANIKANDAN P	Manikandan P	Manikandan P	Manikandan P	Manikandan P	Manikandan P
19	820BE21BAR047	MOHAMED LILAN JUBAIR M	Mohamed Lilan Jubair M	Mohamed Lilan Jubair M	Mohamed Lilan Jubair M	Mohamed Lilan Jubair M	Mohamed Lilan Jubair M
20	820BE21BAR048	MOHAMED JACKARIA M	Mohamed Jackaria M	Mohamed Jackaria M	Mohamed Jackaria M	Mohamed Jackaria M	Mohamed Jackaria M
21	820BE21BAR049	MOHAMED MARVAN M	Mohamed Marvan M	Mohamed Marvan M	Mohamed Marvan M	Mohamed Marvan M	Mohamed Marvan M
22	820BE21BAR050	MOHAMED MUSTHAK U	Mohamed Musthak U	Mohamed Musthak U	Mohamed Musthak U	Mohamed Musthak U	Mohamed Musthak U
23	820BE21BAR051	MOHAMED RAISOOL HASSAN M	Mohamed Raisool Hassan M	Mohamed Raisool Hassan M	Mohamed Raisool Hassan M	Mohamed Raisool Hassan M	Mohamed Raisool Hassan M
24	820BE21BAR052	MOHAMED SAJIL S	Mohamed Sajil S	Mohamed Sajil S	Mohamed Sajil S	Mohamed Sajil S	Mohamed Sajil S
25	820BE21BAR054	MOHAMED YUSUF M	Mohamed Yusuf M	Mohamed Yusuf M	Mohamed Yusuf M	Mohamed Yusuf M	Mohamed Yusuf M
26	820BE21BAR055	MOUNICA R	Mounica R	Mounica R	Mounica R	Mounica R	Mounica R
27	820BE21BAR056	MUKESHWARY J	Mukeshwary J	Mukeshwary J	Mukeshwary J	Mukeshwary J	Mukeshwary J
28	820BE21BAR057	MUNEERA M Y	Muneera M Y	Muneera M Y	Muneera M Y	Muneera M Y	Muneera M Y
29	820BE21BAR058	MUTHU RAJ S	Muthu Raj S	Muthu Raj S	Muthu Raj S	Muthu Raj S	Muthu Raj S
30	820BE21BAR061	NAVASHRI N	Navashri N	Navashri N	Navashri N	Navashri N	Navashri N
31	820BE21BAR066	NITHISHA M	Nithisha M	Nithisha M	Nithisha M	Nithisha M	Nithisha M
32	820BE21BAR067	NITHIYA L	Nithiya L	Nithiya L	Nithiya L	Nithiya L	Nithiya L
33	820BE21BAR068	NIVETHA N	Nivetha N	Nivetha N	Nivetha N	Nivetha N	Nivetha N
34	820BE21BAR071	PRANESH K	Pranesh K	Pranesh K	Pranesh K	Pranesh K	Pranesh K
35	820BE21BAR074	PREETHI D	Preethi D	Preethi D	Preethi D	Preethi D	Preethi D
36	820BE21BAR076	PRIYANKA B	Priyanka B	Priyanka B	Priyanka B	Priyanka B	Priyanka B
37	820BE21BAR077	PRIYANKA M	Priyanka M	Priyanka M	Priyanka M	Priyanka M	Priyanka M
38	820BE21BAR078	RAHILA S	Rahila S	Rahila S	Rahila S	Rahila S	Rahila S
39	820BE21BAR079	RAJAGANAPATHI A	Rajaganapathi A	Rajaganapathi A	Rajaganapathi A	Rajaganapathi A	Rajaganapathi A
40	820BE21BAR080	RAJAGOPAL D	Rajagopal D	Rajagopal D	Rajagopal D	Rajagopal D	Rajagopal D
41	820BE21BAR084	RAKESH S	Rakesh S	Rakesh S	Rakesh S	Rakesh S	Rakesh S
42	820BE21BAR085	REVATHI M	Revathi M	Revathi M	Revathi M	Revathi M	Revathi M
43	820BE21BAR086	ROSELIN D	Roselin D	Roselin D	Roselin D	Roselin D	Roselin D
44	820BE21BAR088	SABIKKUMAR R	Sabikkumar R	Sabikkumar R	Sabikkumar R	Sabikkumar R	Sabikkumar R
45	820BE21BAR091	SANGEETHA S	Sangeetha S	Sangeetha S	Sangeetha S	Sangeetha S	Sangeetha S
46	820BE21BAR093	SANKARGANESH V	Sankarganesh V	Sankarganesh V	Sankarganesh V	Sankarganesh V	Sankarganesh V
47	820BE21BAR095	SHAMINA JANNATHUL FARHATH M	Shamina Jannathul Farhath M	Shamina Jannathul Farhath M	Shamina Jannathul Farhath M	Shamina Jannathul Farhath M	Shamina Jannathul Farhath M
48	820BE21BAR098	SIVANESH K	Sivanesh K	Sivanesh K	Sivanesh K	Sivanesh K	Sivanesh K
49	820BE21BAR099	SIVARAM E	Sivaram E	Sivaram E	Sivaram E	Sivaram E	Sivaram E
50	820BE21BAR100	SOWNDARYA G	Soundarya G	Soundarya G	Soundarya G	Soundarya G	Soundarya G
51	820BE21BAR101	SRI SUPRIYA S	Sri Supriya S	Sri Supriya S	Sri Supriya S	Sri Supriya S	Sri Supriya S
52	820BE21BAR105	SUMESH M	Sumesh M	Sumesh M	Sumesh M	Sumesh M	Sumesh M
53	820BE21BAR106	SUNITHA L	Sunitha L	Sunitha L	Sunitha L	Sunitha L	Sunitha L
54	820BE21BAR107	SURIYA PANDIYAN E	Suriya Pandiyan E	Suriya Pandiyan E	Suriya Pandiyan E	Suriya Pandiyan E	Suriya Pandiyan E
55	820BE21BAR108	SURIYA S	Suriya S	Suriya S	Suriya S	Suriya S	Suriya S
56	820BE21BAR109	SUSHMITHA S	Sushmitha S	Sushmitha S	Sushmitha S	Sushmitha S	Sushmitha S

57	8208E21BAR111	SWETHA.N	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
58	8208E21BAR117	VENGATESAN M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
59	8208E21BAR119	VETRIKUMAR C	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
60	8208E21BAR123	VINITH.D	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
61	8208E21BAR003	ABIMANYU.A	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
62	8208E21BAR005	ABIRAMI.R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
63	8208E21BAR009	AMEER ALI S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
64	8208E21BAR012	ARAFATH AHAMED.K.A	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
65	8208E21BAR013	ARCHANA N	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
66	8208E21BAR017	BALAMURUGAN S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
67	8208E21BAR018	BHARATHI RAJA M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
68	8208E21BAR022	DAINISHA M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
69	8208E21BAR025	DINESHKUMAR R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
70	8208E21BAR026	DURGA D	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
71	8208E21BAR027	GUNAAL K	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
72	8208E21BAR031	KALIDOSS.M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
73	8208E21BAR032	KARPAGARAJ.K	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
74	8208E21BAR033	KARTHIGA K	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
75	8208E21BAR035	KARUNAKARAN.R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
76	8208E21BAR036	KATHIR VEL.J	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
77	8208E21BAR037	KAVIYAN.V	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
78	8208E21BAR038	KEERTHANA K S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
79	8208E21BAR039	KESAVAN.R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
80	8208E21BAR042	MANO BHARATHI S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
81	8208E21BAR043	MANOHAR.S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
82	8208E21BAR044	MANOJ KUMAR.V	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
83	8208E21BAR045	MANOJKUMAR T	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
84	8208E21BAR046	MATHIVANAN.G	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
85	8208E21BAR053	MOHAMED YASIR.S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
86	8208E21BAR059	NAGARAJAN.S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
87	8208E21BAR060	NANDHINI.M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
88	8208E21BAR063	NAVINESH.T	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
89	8208E21BAR064	NEYAN.A	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
90	8208E21BAR065	NILAVARASI.M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
91	8208E21BAR069	NIVETHA.T	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
92	8208E21BAR070	PAVITHRAN.P	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
93	8208E21BAR072	PRASANTH N	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
94	8208E21BAR073	PRAVEENKUMAR T	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
95	8208E21BAR075	PREMA.V	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
96	8208E21BAR082	RAJESHKUMAR R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
97	8208E21BAR083	RAJKANNAN.M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
98	8208E21BAR087	SABARI DHERSINI.S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
99	8208E21BAR089	SAKI.B	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
100	8208E21BAR090	SAKTHIVALAVAN.S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
101	8208E21BAR092	SANGEETHA.V	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
102	8208E21BAR094	SHAKUJAMEERKHAN B	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
103	8208E21BAR096	SHANMATHY.R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
104	8208E21BAR097	SHANMUGAMANI.S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
105	8208E21BAR102	SRIDHAR G	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
106	8208E21BAR103	SRIRAM P R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
107	8208E21BAR104	SRIRAM.M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
108	8208E21BAR110	SWETHA.M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
109	8208E21BAR112	THAMEEMUL ANSARY.S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
110	8208E21BAR113	THAVASEFLAN.R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
111	8208E21BAR114	UDHAYA.M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
112	8208E21BAR115	VADIVEL.S	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
113	8208E21BAR116	VENGADESHWARI.R	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
114	8208E21BAR118	VENKATESH M	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
115	8208E21BAR120	VIGENESH.D	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.
116	8208E21BAR121	VIGNESH.T	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.	N. S. P. N. S. P.

ATTESTED

11.11.2022

118	8208E21BAR124	VISHAL.V	Vishal	Vishal	Vishal	Vishal	Vishal
119	8208E21BAR125	VISHWA.R	R.Vishwa	R.Vishwa	R.Vishwa	R.Vishwa	R.Vishwa
120	8208E21BAR126	YUVARAJA.S	S.Yuvaraj	S.Yuvaraj	S.Yuvaraj	S.Yuvaraj	S.Yuvaraj

ATTESTED



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Content:

DEALING STRESS WITH YOGA

Introduction

Yoga encourages mental and physical relaxation, which helps reduce stress and anxiety. The physical postures promote flexibility, relieve tension, and alleviate pain. Yoga poses may help you release physical blockages like muscle knots, helping release emotions and tension. They also promote the release of mood-boosting endorphins, which are the feel-good hormones that can positively affect how you handle stress.

Focusing on the present moment during your yoga practice enhances your awareness, boosts your concentration, and centers your mind. As you become aware of the transitory nature of your bodily sensations, thoughts, and feelings, you may find it easier to let go of attachments to positive, negative, and neutral experiences. You may also learn to cultivate feelings such as love, joy, and serenity.

Tips when using yoga for stress relief

Yoga can be very effective when trying to calm your body and mind. To get the most out of your stress relief, remember these tips.

Release negativity during your yoga practice

Negative thoughts are bound to arise when you do yoga. You can practice awareness, acceptance, and detachment to create positive mental patterns. This may help you have fewer negative thoughts and be less affected by them.

Learn to focus on the present moment and bring your attention to your thoughts as they arise and pass, which helps you recognize their fleeting nature.

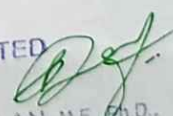
Each time you find yourself getting lost in your thoughts — whether they're positive or negative — bring your awareness back to your breath and body. Over time, you can make it a habit to detach from both positive and negative states of mind.

Employ stress relief techniques off the mat

To manage stress off the mat, take a look at your schedule and lifestyle to see where you can make changes. This may include allowing yourself more free time, developing a healthy eating plan, or spending more time in nature.

While yoga can provide tremendous benefits, it's important to remember that you will still experience the ups and downs of life. It's natural to experience a wide range of feelings and emotions. If you find your yoga practice creates more stress in your life, talk to an instructor who can help you develop a routine tailored to your needs. And, as always, talk to your doctor before starting any yoga routine, especially if you have any health conditions or take medications.

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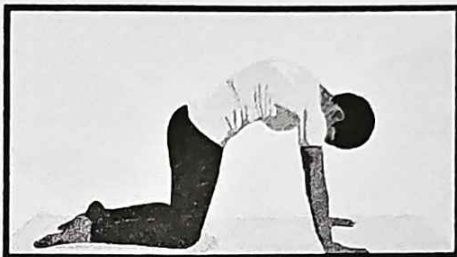
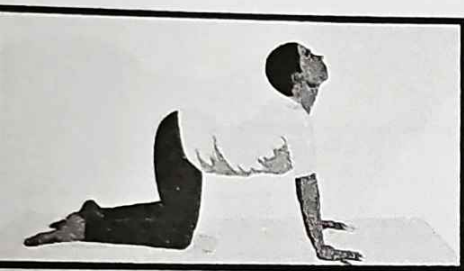

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Yoga poses for stress relief

Cat-Cow Pose (*Marjaryasana to Bitilasana*)

This pose allows you to connect your breath to your movements as you calm your mind and release stress. Allow your breath to guide each movement.

- Begin in a table-top position.
- Place your wrists underneath your shoulders and your knees underneath your hips.
- As you inhale, turn your gaze toward the ceiling and allow your belly to move toward your mat, arching your back. This is Cow Pose.
- As you exhale, draw your chin in toward your chest and bend your spine toward the ceiling, like a cat.
- Continue to flow between these two positions for 1 minute.

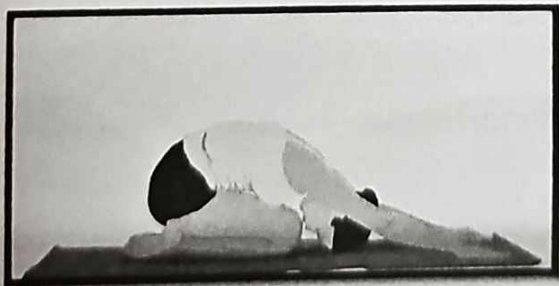


Child's Pose (*Balāsana*)

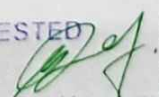
Child's pose helps create an inward focus and restore energy. It also supports mental and physical relaxation.

For more support, place a cushion under your forehead, torso, or thighs.

- From a kneeling position, place your knees together or slightly apart.
- Sit back on your heels.
- Hinge at your hips as you fold forward, resting your forehead on your mat.
- Extend your arms in front of you or alongside your legs.
- Allow your torso to sink into your thighs.
- Breathe deeply and focus on relaxing your body.
- Hold this pose for up to 5 minutes.



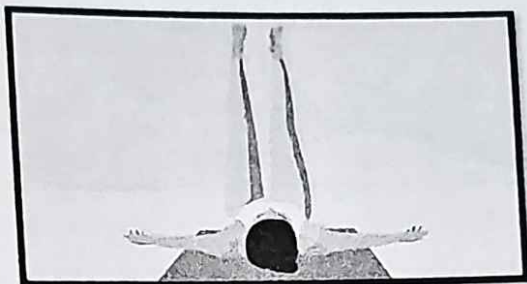
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Legs-Up-the-Wall Pose (Viparita Karani)

Legs-Up-the-Wall Pose provides deep relaxation while boosting lymph flow and circulation.

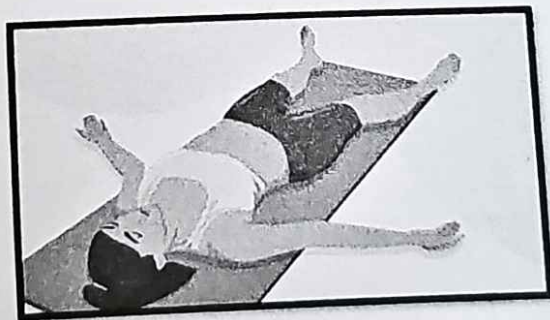
- Sit on the floor facing the wall, with your body as close to the wall as possible.
- Lie on your back and place your legs up the wall with straight knees.
- Position your hips next to the wall or a few inches away.
- Place your arms alongside your body, or place one hand on your belly and one hand on your chest.
- Hold this pose for up to 15 minutes.




Corpse Pose (Savasana)

During this pose, focus on breathing deeply as you calm your mind and let go of tension.

- Lie flat on your back with your feet slightly wider than your hips.
- Allow your toes to splay out to the sides.
- Position your arms next to your body at a 45-degree angle.
- Align your head, neck, and shoulders with your spine.
- Breathe deeply as you allow your body to fully relax.
- Stay in this pose for 10–20 minutes.



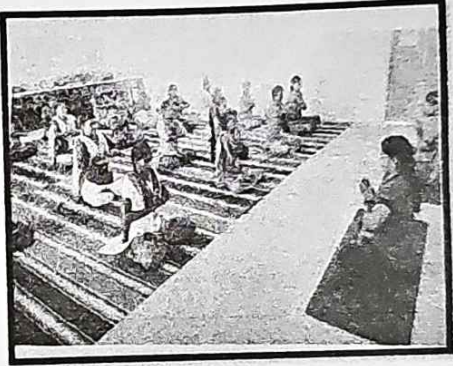
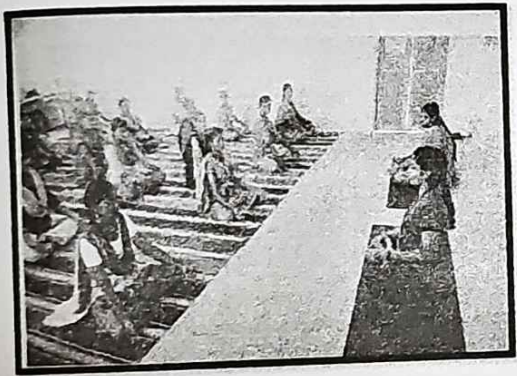
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Value added course takeaway:

Yoga, meditation, and breathing exercises are wonderful ways to reduce stress, replenish your energy, and enhance your overall well-being. Participants enjoyed the process of discovering which techniques and practices brought them the greatest benefit.

Photo gallery:



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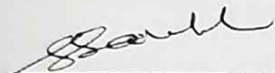
E.G.S PILLAY ENGINEERING COLLEGE (AUTONOMOUS) NAGAPATTINAM
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

SURIYA PANDIYAN.E

HAS SUCCESSFULLY COMPLETED THE DEAL STRESS WITH YOGA
VALUE ADDED COURSE AND HAS AWARDED GRADE 'O'

17 SEPTEMBER 2021



Mr.S.Sakthi Kamal Nathan,
Course In-Charge



Dr.R.Karthi,
Director & Head-MBA

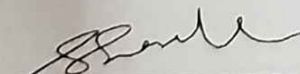
E.G.S PILLAY ENGINEERING COLLEGE (AUTONOMOUS) NAGAPATTINAM
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

RAJKANNAN.M

HAS SUCCESSFULLY COMPLETED THE DEAL STRESS WITH YOGA
VALUE ADDED COURSE AND HAS AWARDED GRADE 'O'

17 SEPTEMBER 2021



Mr.S.Sakthi Kamal Nathan,
Course In-Charge



Dr.R.Karthi,
Director & Head-MBA

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**E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
DEPARTMENT OF MANAGEMENT STUDIES**



REPORT ON VALUE ADDED COURSE

TORA

S. SAKTHI KAMAL NATHAN,

ASSISTANT PROFESSOR,

DEPARTMENT OF MANAGEMENT STUDIES

E.G.S. PILLAY ENGINEERING COLLEGE, NAGAPATTINAM

Organized by Department of Management Studies

03-05-2021 TO 07-05-2021

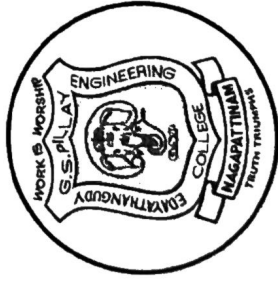
E.G.S. PILLAY ENGINEERING COLLEGE
An Autonomous Institution, Affiliated to Anna University

DEPARTMENT OF MANAGEMENT STUDIES

**Organizes a Five Day
Value Added Course**

**On
"TORA"**

**The value-added course will be
conducted between 3rd May 2021 7th
May 2021 in Online Mode using Google
Meet, 6 hours each day.**



Program Coordinator Details:

Mr. S. Sakthi Kamal Nathan
Assistant Professor
Department of Management Studies
E.G.S. Pillay Engineering College

What is TORA?

TORA is an open-source computer application software package used for statistical computation and analysis. It is an already written program or suite of programs written for statistical application.

Other Details:

It is basically applied for Operations Research (OR) analysis. TORA is a graphical user interface (GUI). In MBA, we use TORA to solve Linear Programming Problems (also known as LPP), Transportation Problems, Assignment Problems, Networking Problems, Queuing Theories, etc. It is a 30-hour course conducted during the 2nd semester of the MBA Programme.

The session details are as follows:

Session 1: Introduction to TORA
Monday, May 3, 2021 · 10:00am – 4:30pm
Google Meet link: <https://meet.google.com/qjk-ceci-bhw>

Session 2: Working with Transportation Problem & Working with Assignment Problem
Tuesday, May 4, 2021 · 10:00am – 4:30pm
Google Meet link: <https://meet.google.com/naa-kmwv-nnx>

Session 3: Determining the Critical Path & Determining the Critical Path using Graph
Wednesday, May 5, 2021 · 10:00am – 4:00pm
Google Meet link: <https://meet.google.com/jkv-fdwh-tvc>

Session 4: Obtaining a feasible solution through Linear Programming & Obtaining Optimum Transportation Cost
Thursday, May 6, 2021 · 10:30am – 4:30pm
Google Meet link: <https://meet.google.com/tyi-bwui-hbu>

Session 5: Queuing Analysis
Friday, May 7, 2021 · 10:00am – 4:00pm
Google Meet link: <https://meet.google.com/tyi-bwui-hbu>

TORA

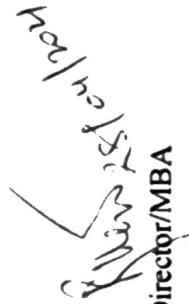
E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)

DEPARTMENT OF MANAGEMENT STUDIES

CIRCULAR

28/04/2021

We are delighted to inform you that our department is organizing a value-added course on "TORA" (Transportation, Operations Research, and Applications) from 03-05-2021 to 07-05-2021. This program aims to provide you with practical skills and knowledge to analyze and optimize transportation and operations in various industries.


Director/MBA

S. No	Description
1	Participants' Name List
2	Course Content
3	Feedback
5	Sample Certificates

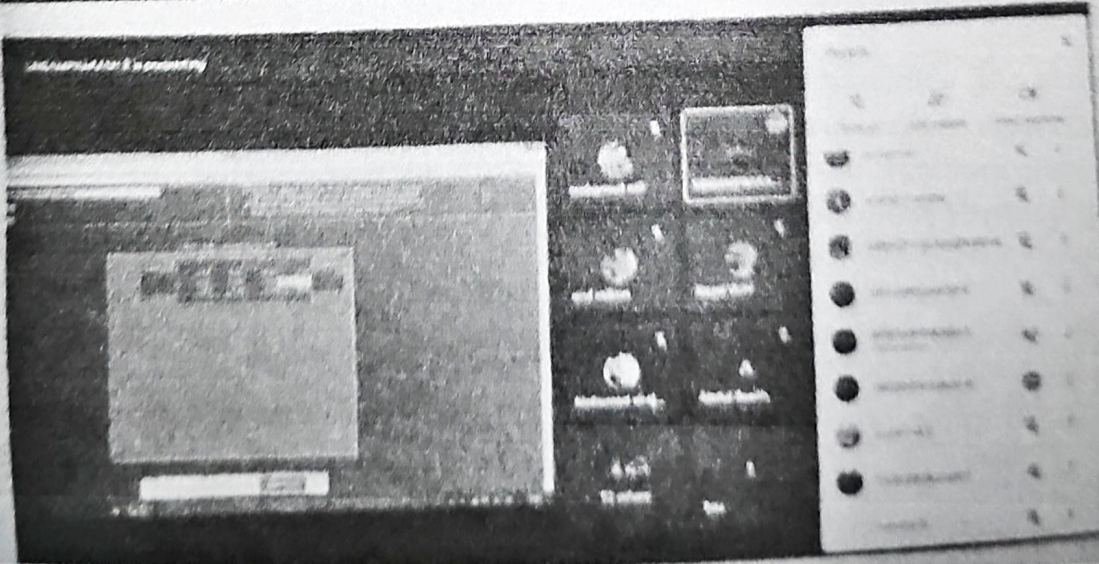
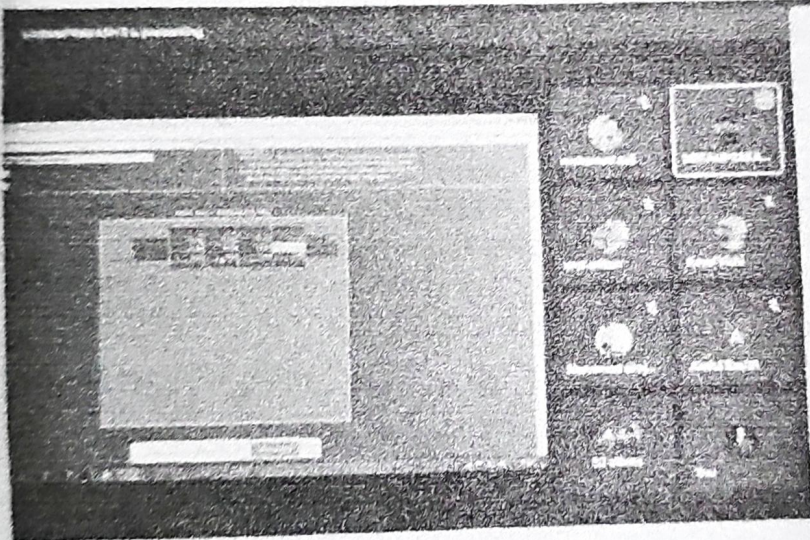
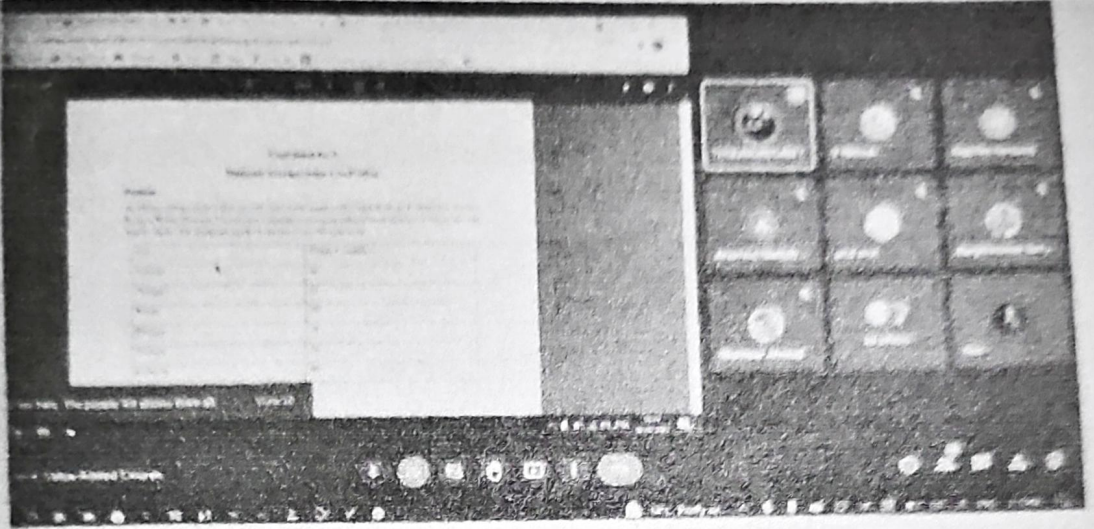
Participants Details:

1	E20BAR001	AADHITHYA S
2	E20BAR002	AARTHI A
3	E20BAR003	AARTHI R
4	E20BAR004	ABIRAMI K
5	E20BAR005	ABISHA R
6	E20BAR006	AHAMED HAALIDH T
7	E20BAR007	AHMED FARHAN M
8	E20BAR008	AJANTHA R
9	E20BAR009	AJAY G
10	E20BAR010	AJWADH AHMED M
11	E20BAR011	AKASH R
12	E20BAR012	ARAVIND S
13	E20BAR013	ARAVINTH D
14	E20BAR014	ARCHANA K
15	E20BAR015	ARUL PRAKASH M
16	E20BAR016	ARULAROKIAMMILTON G
17	E20BAR017	ARULKEERTHIKA R
18	E20BAR018	ATCHAYA T
19	E20BAR019	BALAJI PRASAD C
20	E20BAR020	BAVISTI B
21	E20BAR021	BHARATHKUMAR R
22	E20BAR022	BHAVANISHA A
23	E20BAR023	BRUNDHA G
24	E20BAR024	CHELLAMMAL R
25	E20BAR025	DIVYA S
26	E20BAR026	FARISH AHAMED S
27	E20BAR027	FOUZIA
28	E20BAR028	GOWRI M
29	E20BAR029	GUHAN K
30	E20BAR030	GUNA K
31	E20BAR031	HARIPRASATH R
32	E20BAR032	HEMA S
33	E20BAR033	HEMALATHA A
34	E20BAR034	INDHIARASAN T
35	E20BAR035	IYYAPPAN P
36	E20BAR036	JASHAR AHAMED J
37	E20BAR037	JEANVERGHES J
38	E20BAR038	JEBINA E
39	E20BAR039	JONESALEN J
40	E20BAR040	KABILAN S
41	E20BAR041	KARTHI T

42	E20BAR042	KARTHIKA K
43	E20BAR043	KARUNAKARAN N
44	E20BAR044	KARUNYA R
45	E20BAR045	KAVITHA R
46	E20BAR046	KAVIYARASAN M
47	E20BAR047	KAVYA R
48	E20BAR048	KAYALVIZHI S
49	E20BAR049	KIRUTHIKA S
50	E20BAR050	MADHU MITHA S
51	E20BAR051	MAHALAKSHMI R
52	E20BAR052	MOHAMED ABDUL BASITH H
53	E20BAR053	MOHAMED AZARUDEEN S
54	E20BAR054	MOHAMED EHSAN J
55	E20BAR055	MOHAMED SIRAJUDEEN A
56	E20BAR056	MOHAMED YUSUFF S M
57	E20BAR057	NANDA KUMAR R
58	E20BAR058	NANDHINI R
59	E20BAR059	NESHIKA K
60	E20BAR060	NILA OLI K
61	E20BAR061	NISHA R
62	E20BAR062	NISHANTHINI K
63	E20BAR063	NITHESHKUMAR D
64	E20BAR064	NITHISH V
65	E20BAR065	PAGALAVAN T K
66	E20BAR066	PARAMESWARI R
67	E20BAR067	PAVITHRA S
68	E20BAR068	PRADEEPA R
69	E20BAR069	PRASANNADEVI R
70	E20BAR070	PRAVEEN B
71	E20BAR071	PRIYADHARSHINI P
72	E20BAR072	RAJESH S
73	E20BAR073	RAJESWARI S
74	E20BAR074	RAMESH T
75	E20BAR075	RAMKUMAR R
76	E20BAR076	RANJITH KUMAR S
77	E20BAR077	RENISHA R
78	E20BAR078	SANGAVI V
79	E20BAR079	SANGEETHA R
80	E20BAR080	SANKARANARAYANAN S
81	E20BAR081	SHAIK ABDULLA A
82	E20BAR082	SHALINI M
83	E20BAR083	SHAMEERAHAMED S

84	E20BAR084	SHANMUGARAJ R
85	E20BAR085	SIVASANKARI K
86	E20BAR086	SOWNTHARIYA A
87	E20BAR087	SRI ROSHIYA R
88	E20BAR088	SRIDHAR M
89	E20BAR089	SRIMATHI G
90	E20BAR090	SRIRAMPRAKASH R
91	E20BAR091	SRISUBRAMANIYAN M
92	E20BAR092	SUBHASHINI R
93	E20BAR093	SUBRAMANIYAN G
94	E20BAR094	SUVETHA S
95	E20BAR095	SWETHA B
96	E20BAR096	THANUSU L
97	E20BAR097	THIRUMURUGAN T
98	E20BAR098	UDHAYA KUMAR A
99	E20BAR099	UMA MAGESWARI G
100	E20BAR100	VARSHINI G
101	E20BAR101	VENGADESHWARAN N
102	E20BAR102	VIGNESH P
103	E20BAR103	VIGNESH S
104	E20BAR104	VIGNESHWARAN R
105	E20BAR105	VIMALKUMAR G

E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
Department of Management Studies
TORA – Value Added Course (ONLINE) Attendance
BATCH 2020-2022



Introduction:

The purpose of this report is to provide a summary of an operations research course conducted on the topic of "TORA" which is a software package used for solving linear and nonlinear programming problems, transportation and assignment problems, and network flow problems. The course was designed to provide participants with a thorough understanding of the theory and practical application of TORA.

Course Content:

The course was divided into five sessions, each of which covered a different aspect of TORA. The first session provided an introduction to TORA and its features, as well as an overview of linear programming and its applications. The second session focused on nonlinear programming and the use of TORA to solve these types of problems.

The third session covered transportation and assignment problems, which are common optimization problems in operations research. The fourth session discussed network flow problems, including the maximum flow and minimum cut problems. Finally, the fifth session was dedicated to case studies and practical applications of TORA in various industries.

Teaching Methodology:

The course was conducted Online (Google Meet) using a combination of lectures, demonstrations, and hands-on exercises. The lectures provided a theoretical foundation for the topics covered, while the demonstrations and exercises allowed participants to apply their knowledge in a practical setting. The course also included group discussions and problem-solving sessions, which encouraged participants to work collaboratively and share their insights.

Outcome:

By the end of the course, participants had gained a comprehensive understanding of TORA and its applications in operations research. They were able to use TORA to solve a wide range of optimization problems, including linear and nonlinear programming, transportation and assignment problems, and network flow problems. Participants also developed practical skills in using TORA software and were able to apply their knowledge to real-world problems.

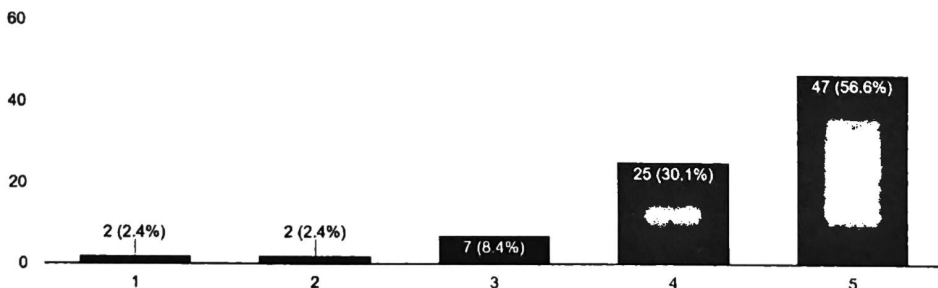
Conclusion:

Overall, the course was a success in providing participants with a thorough understanding of TORA and its practical applications in operations research. The hands-on approach, combined with theoretical lectures and problem-solving sessions, allowed participants to gain practical skills in using TORA software. The course was well-received by participants, who found it to be informative, engaging, and relevant to their work in operations research.

Feedback:

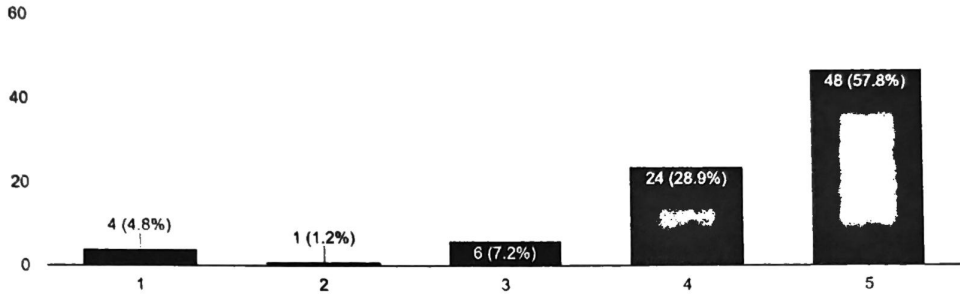
1. The information presented today by the speaker was clear and easy to understand.

83 responses



2. The presenter interacted well with the audience

83 responses



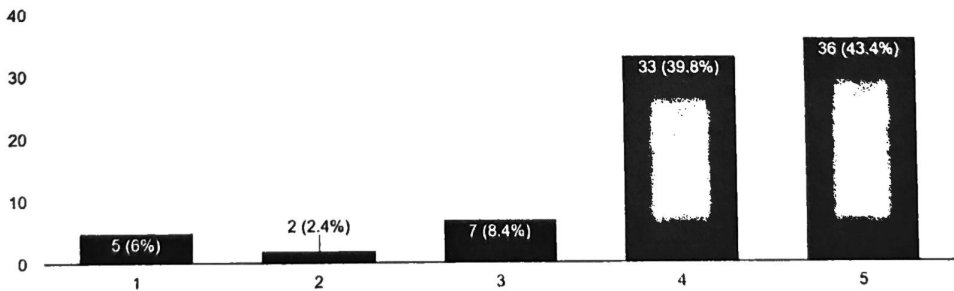
3. The presenter seemed well-informed about the topic

83 responses



4. You are likely to use this information in the future

83 responses



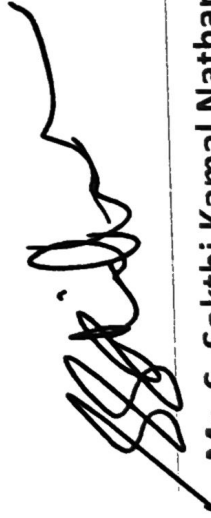
E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

VARSHINI G

HAS SUCCESSFULLY COMPLETED THE TORA VALUE ADDED
COURSE AND HAS AWARDED GRADE "O"

MAY 07, 2021


Mr. S. Sakthi Kamal Nathan,
Course In-Charge





Dr. R. Karthi,
Director & Head - MBA

E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)

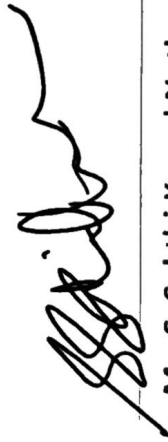
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

SRIRAMPRAKASH R

HAS SUCCESSFULLY COMPLETED THE TORA VALUE ADDED
COURSE AND HAS AWARDED GRADE "O"

MAY 07, 2021



Mr. S. Sakthi Kamal Nathan,
Course In-Charge



Dr. R. Karthi,
Director & Head - MBA

E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)

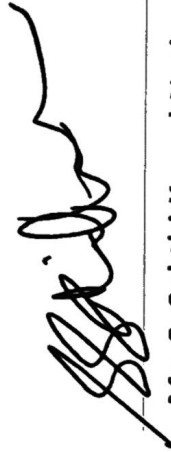
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

KARUNYA R

HAS SUCCESSFULLY COMPLETED THE TORA VALUE ADDED
COURSE AND HAS AWARDED GRADE "O"

MAY 07, 2021



Mr. S. Sakthi Kamal Nathan,
Course In-Charge





Dr. R. Karthi,
Director & Head - MBA

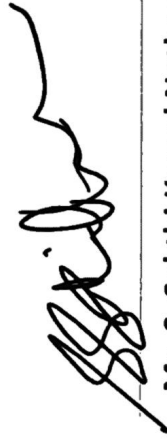
E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

ARUL AROKIAM MILTON G

HAS SUCCESSFULLY COMPLETED THE TORA VALUE ADDED
COURSE AND HAS AWARDED GRADE "O"

MAY 07, 2021



Mr. S. Sakthi Kamal Nathan,
Course In-Charge





Dr. R. Karthi,
Director & Head - MBA

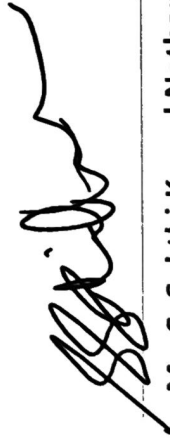
E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

BRUNDHA G

HAS SUCCESSFULLY COMPLETED THE TORA VALUE ADDED
COURSE AND HAS AWARDED GRADE "O"

MAY 07, 2021



Mr. S. Sakthi Kamal Nathan,
Course In-Charge





Dr. R. Karthi,
Director & Head - MBA

**E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
DEPARTMENT OF MANAGEMENT STUDIES**



REPORT ON VALUE ADDED COURSE

OPERATIONS RESEARCH MADE EASY WITH TORA

MR. S. SAKTHI KAMAL NATHAN,

ASSISTANT PROFESSOR,

DEPARTMENT OF MANAGEMENT STUDIES,

E.G.S. PILLAY ENGINEERING COLLEGE, NAGAPATTINAM

Organized by Department of Management Studies

07-03-2022 to 11-03-2022

**E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)
DEPARTMENT OF MANAGEMENT STUDIES
CIRCULAR**

02/03/2022

This is to announce that our department is organizing a value-added course on "Operations Made Easy with Tora" from 07/03/2022 to 11/03/2022. This course is designed to provide you with essential skills and techniques that will help you understand and manage operations using the Tora software. The course will cover various aspects of operations management, including decision-making, linear programming, transportation and assignment problems, network analysis, and project management. The course will be taught using the Tora software, which is widely used in industry for optimizing operations.


Director/MBA

E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS), NAGAPATTINAM

AFFILIATED TO ANNA UNIVERSITY, CHENNAI, APPROVED BY AICTE, NEW DELHI

Accredited by NAAC with Grade 'A'

ACCREDITED BY NBA (B.E. - CIVIL/CSE/ECE/EEE/MECH / B.Tech. - IT)

DEPARTMENT OF MANAGEMENT STUDIES

ORGANIZES A 5 DAY VALUE ADDED PROGRAMME ON "Operations Research Made Easy With TORA"

About the Institution:

E.G.S. Pillay Engineering College is a self - financing educational institution situated in Nagapattinam, Nagapattinam District. EGSPCC is the vision of Chevalier. Dr. G.S. Pillay, whose determination and dynamism made possible the realization of this institution of excellence. Established in the year 1995 with 3 courses CSE, Mechanical and Chemical, affiliated to Bharathidasan University. (First in Nagapattinam district).

Vision & Mission of the Institution:

Vision:

Envisioned to transform our institution into a "Global Centre of Academic Excellence."

Mission:

To provide world class education to the students and to bring out their inherent talents.

To establish state-of- the-art facilities and resources required to achieve excellence in teaching -learning and supplementary processes.

To recruit competent faculty and staff and to provide an opportunity to upgrade their knowledge and skills.

To have regular interaction with the industries in R&D and offer consultancy, training and testing services.

To establish centers of excellence in the emerging areas of research.

To offer continuing education and non-formal vocational education programmes that are beneficial to the society.

About the Department:

The Department of Management Studies was started in 2001, by focusing its resources exclusively on the budding managers of the future. The department has well-qualified faculty members. The Separate Department Library is preserved with huge volumes of Textbooks and reference books prescribed in the university syllabus and the International and National Journals are available for ready reference of students. MBA Department has Modernized Computer Lab facilities. Our department invites leading personalities from the corporate world to share their views about how the future managerial world will be. It is steadily organizing Guest Lecture and Workshops for enhancement of the students. Our department is facilitated with smart classroom teaching for students and the students are availed with Aptitude and Attitude Development Training Sessions.

Vision & Mission of the Department:

DEPARTMENT VISION:

"Creation of human resource empowered with management knowledge, skills and attitude to face global challenges."

DEPARTMENT MISSION:

- To create an excellent academic environment for better entrepreneurship, employment, and R & D activities in management related areas.
- To provide high quality education to the students through efficient faculty members and make them ethical leaders for contributing to the society.
- To establish state-of the-art research facilities for enhancing the managerial knowledge and talents needed for the corporate.

Operations Research:

OR is an analytical method of problem-solving and decision-making that is useful in the management of organizations. In operations research, problems are broken down into basic components and then solved in defined steps by mathematical analysis.

What is TORA?

TORA Package is a computer application software package used for statistical computation and analysis. It is an already written program or suite of programs written for statistical application. It is basically applied for Operations Research (OR) analysis. The TORA Software has the capability of running operations research algorithms.

Who can Participate?

1st and final year MBA students.

Agenda:

07-03-22	Obtaining Optimum Transportation Cost
08-03-22	Obtaining Optimal Assignment Cost
09-13-22	Determining Critical Path for the Projects
10-03-22	Obtaining Feasible Solution through LPP
11-03-22	

Course Coordinator:

Mr. S. Sakthi Kamal Nathan,
Assistant Professor,
Department of Management Studies,
E.G.S Pillay Engineering College.

Organized by

Dr. R. Karthi
Director,
Department of Management Studies,
E.G.S Pillay Engineering College.

S. No	Description
1	Participants' Name List
2	Course Content
3	Feedback
5	Sample Certificates

Participants Details:

S.NO	REG NO	NAME
1	8208E21BAR001	AARTHI S
2	8208E21BAR004	ABINAYA.M
3	8208E21BAR006	AGASH.D
4	8208E21BAR007	AJAY.S
5	8208E21BAR008	AKILAN.A
6	8208E21BAR010	ANAND R
7	8208E21BAR014	ARULMOZHI K
8	8208E21BAR015	ARUNACHALAM CHETTIYAR
9	8208E21BAR016	AYSWARYA RAVICHANDRAN
10	8208E21BAR019	BRINDHA.T
11	8208E21BAR020	CHANDRA BHARATHI C
12	8208E21BAR021	CHEZHIAN.R.R
13	8208E21BAR023	DEEPA.T
14	8208E21BAR024	DHARANI.S
15	8208E21BAR028	HARINI.N
16	8208E21BAR030	JOSEPH VINSLET.J
17	8208E21BAR034	KARTHIKA.V
18	8208E21BAR041	MANIKANDAN.P
19	8208E21BAR047	MOHAMED IJILAN JUBAIR.M
20	8208E21BAR048	MOHAMED JACKARIA.M
21	8208E21BAR049	MOHAMED MARVAN M
22	8208E21BAR050	MOHAMED MUSTHAK U
23	8208E21BAR051	MOHAMED RAISOOL HASSAN.M
24	8208E21BAR052	MOHAMED SAJIL S
25	8208E21BAR054	MOHAMED YUSUF.M
26	8208E21BAR055	MOUNICA.R
27	8208E21BAR056	MUKESHWARY J
28	8208E21BAR057	MUNEERA.M.Y
29	8208E21BAR058	MUTHU RAJ.S
30	8208E21BAR061	NAVASHRI N
31	8208E21BAR066	NITHISZHA.M
32	8208E21BAR067	NITHIYA L
33	8208E21BAR068	NIVETHA.N
34	8208E21BAR071	PRANESH.K
35	8208E21BAR074	PREETHI D
36	8208E21BAR076	PRIYANKAA B
37	8208E21BAR077	PRIYANKA.M
38	8208E21BAR078	RAHILA.S
39	8208E21BAR079	RAJAGANAPATHI.A
40	8208E21BAR080	RAJAGOPAL.D

41	8208E21BAR084	RAKESH.S
42	8208E21BAR085	REVATHI.M
43	8208E21BAR086	ROSELIN.D
44	8208E21BAR088	SABIKKUMAR.R
45	8208E21BAR091	SANGEETHA.S
46	8208E21BAR093	SANKARGANESH.V
47	8208E21BAR095	SHAMINA JANNATHUL FARHATH.M
48	8208E21BAR098	SIVANESH.K
49	8208E21BAR099	SIVARAM E
50	8208E21BAR100	SOWNDARYA.G
51	8208E21BAR101	SRI SUPRIYA.S
52	8208E21BAR105	SUMESH.M
53	8208E21BAR106	SUNITHA.L
54	8208E21BAR107	SURIYA PANDIYAN.E
55	8208E21BAR108	SURIYA.S
56	8208E21BAR109	SUSHMITHA.S
57	8208E21BAR111	SWETHA.N
58	8208E21BAR117	VENGATESAN M
59	8208E21BAR119	VETRIKUMAR C
60	8208E21BAR123	VINITH.D
61	8208E21BAR003	ABIMANYU.A
62	8208E21BAR005	ABIRAMI.R
63	8208E21BAR009	AMEER ALI S
64	8208E21BAR012	ARAFATH AHAMED.K.A
65	8208E21BAR013	ARCHANA.N
66	8208E21BAR017	BALAMURUGAN.S
67	8208E21BAR018	BHARATHI RAJA.M
68	8208E21BAR022	DAINISHA.M
69	8208E21BAR025	DINESHKUMAR R
70	8208E21BAR026	DURGA.D
71	8208E21BAR027	GUNAAL K
72	8208E21BAR031	KALIDOSSS.M
73	8208E21BAR032	KARPAGARAJ.K
74	8208E21BAR033	KARTHIGA K
75	8208E21BAR035	KARUNAKARAN.R
76	8208E21BAR036	KATHIR VEL.J
77	8208E21BAR037	KAVIYAN.V
78	8208E21BAR038	KEERTHANA K S
79	8208E21BAR039	KESAVAN.R
80	8208E21BAR042	MANO BHARATHI S
81	8208E21BAR043	MANOHAR.S
82	8208E21BAR044	MANOJ KUMAR.V
83	8208E21BAR045	MANOJKUMAR T

84	8208E21BAR046	MATHIVANAN.G
85	8208E21BAR053	MOHAMED YASIR.S
86	8208E21BAR059	NAGARAJAN.S
87	8208E21BAR060	NANDHINI.M
88	8208E21BAR063	NAVINESH.T
89	8208E21BAR064	NEYAN.A
90	8208E21BAR065	NILAVARASI.M
91	8208E21BAR069	NIVETHA.T
92	8208E21BAR070	PAVITHRAN.P
93	8208E21BAR072	PRASANTH N
94	8208E21BAR073	PRAVEENKUMAR T
95	8208E21BAR075	PREMA.V
96	8208E21BAR082	RAJESHKUMAR R
97	8208E21BAR083	RAJKANNAN.M
98	8208E21BAR087	SABARI DHERSINI.S
99	8208E21BAR089	SAKI.B
100	8208E21BAR090	SAKTHIVALAVAN.S
101	8208E21BAR092	SANGEETHA.V
102	8208E21BAR094	SHAKULAMEERKHAN B
103	8208E21BAR096	SHANMATHY.R
104	8208E21BAR097	SHANMUGAMANI.S
105	8208E21BAR102	SRIDHAR G
106	8208E21BAR103	SRIRAM P R
107	8208E21BAR104	SRIRAM.M
108	8208E21BAR110	SWETHA.M
109	8208E21BAR112	THAMEEMUL ANSARY.S
110	8208E21BAR113	THAVASEELAN.R
111	8208E21BAR114	UDHAYA.M
112	8208E21BAR115	VADIVEL.S
113	8208E21BAR116	VENGADESHWARI.R
114	8208E21BAR118	VENKATESH M
115	8208E21BAR120	VIGENESH.D
116	8208E21BAR121	VIGNESH.T
117	8208E21BAR122	VIJAI V T S
118	8208E21BAR124	VISHAL.V
119	8208E21BAR125	VISHWA.R
120	8208E21BAR126	YUVARAJA.S

E.G.S. PILLAY ENGINEERING COLLEGE (AUTONOMOUS)

Department of Management Studies

Operations Management made easy with Tora - Value Added Course Attendance

BATCH 2021-2023

S.No	Reg No	Name	07-03-22	08-03-22	09-03-22	10-03-22	11-03-22
1	820BE21BAR001	AARTHI S	S. Arithi	S. Arithi	S. Arithi	S. Arithi	S. Arithi
2	820BE21BAR004	ABINAYA.M	Abinaya	Abinaya	Abinaya	Abinaya	Abinaya
3	820BE21BAR006	AGASH D	D. Agash	D. Agash	D. Agash	D. Agash	D. Agash
4	820BE21BAR007	AJAY.S	Ajay	Ajay	Ajay	Ajay	Ajay
5	820BE21BAR008	AKILAN A	A. Akilan	A. Akilan	A. Akilan	A. Akilan	A. Akilan
6	820BE21BAR010	ANAND R	R. Anand	R. Anand	R. Anand	R. Anand	R. Anand
7	820BE21BAR014	ARULMOZHI K	K. Arulmozhi	K. Arulmozhi	K. Arulmozhi	K. Arulmozhi	K. Arulmozhi
8	820BE21BAR015	ARJUNACHALAM CHETTIYAR	Arjunachalam	Arjunachalam	Arjunachalam	Arjunachalam	Arjunachalam
9	820BE21BAR016	AYSWARYA RAVICHANDRAN	Ayswarya	Ayswarya	Ayswarya	Ayswarya	Ayswarya
10	820BE21BAR019	BRINDHA T	T. Brinda	T. Brinda	T. Brinda	T. Brinda	T. Brinda
11	820BE21BAR020	CHANDRA BHARATHI C	C. Chandra	C. Chandra	C. Chandra	C. Chandra	C. Chandra
12	820BE21BAR021	CHEZHIAN.R.R	R. Chethan	R. Chethan	R. Chethan	R. Chethan	R. Chethan
13	820BE21BAR023	DEEPA T	T. Deepa	T. Deepa	T. Deepa	T. Deepa	T. Deepa
14	820BE21BAR024	DHARANI.S	S. Dhara	S. Dhara	S. Dhara	S. Dhara	S. Dhara
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16	820BE21BAR030	JOSEPH VINSLET.J	J. Vinlet	J. Vinlet	J. Vinlet	J. Vinlet	J. Vinlet
17	820BE21BAR034	KARTHIKA.V	V. Kartika	V. Kartika	V. Kartika	V. Kartika	V. Kartika
18	820BE21BAR041	MANIKANDAN.P	P. Mani	P. Mani	P. Mani	P. Mani	P. Mani
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20	820BE21BAR048	MOHAMED JACKARIA.M	M. Jackaria	M. Jackaria	M. Jackaria	M. Jackaria	M. Jackaria
21	820BE21BAR049	MOHAMED MARVAN M	M. Marvan	M. Marvan	M. Marvan	M. Marvan	M. Marvan
22	820BE21BAR050	MOHAMED MUSTHAK U	U. Musthak	U. Musthak	U. Musthak	U. Musthak	U. Musthak
23	820BE21BAR051	MOHAMED RAISOOOL HASSAN.M	M. Raisool	M. Raisool	M. Raisool	M. Raisool	M. Raisool
24	820BE21BAR052	MOHAMED SAJIL S	S. Sajil	S. Sajil	S. Sajil	S. Sajil	S. Sajil
25	820BE21BAR054	MOHAMED YUSUF.M	M. Yusuf	M. Yusuf	M. Yusuf	M. Yusuf	M. Yusuf
26	820BE21BAR055	MOUNICA.R	R. Mounica	R. Mounica	R. Mounica	R. Mounica	R. Mounica
27	820BE21BAR056	MUKESHWARY J	J. Mukesh	J. Mukesh	J. Mukesh	J. Mukesh	J. Mukesh
28	820BE21BAR057	MUNEERA.M.Y	Y. Muneera	Y. Muneera	Y. Muneera	Y. Muneera	Y. Muneera
29	820BE21BAR058	MUTHU RAJ.S	S. Muthu	S. Muthu	S. Muthu	S. Muthu	S. Muthu
30	820BE21BAR061	NAVASHRI N	N. Navashri	N. Navashri	N. Navashri	N. Navashri	N. Navashri
31	820BE21BAR066	NITHISHA.M	M. Nithisha	M. Nithisha	M. Nithisha	M. Nithisha	M. Nithisha
32	820BE21BAR067	NITHIYA L	L. Nithiya	L. Nithiya	L. Nithiya	L. Nithiya	L. Nithiya
33	820BE21BAR068	NIVETHA.N	N. Nivetha	N. Nivetha	N. Nivetha	N. Nivetha	N. Nivetha
34	820BE21BAR071	PRANESH.K	K. Pranesh	K. Pranesh	K. Pranesh	K. Pranesh	K. Pranesh
35	820BE21BAR074	PREETHI D	D. Preethi	D. Preethi	D. Preethi	D. Preethi	D. Preethi
36	820BE21BAR076	PRIYANKAA B	B. Priyanka	B. Priyanka	B. Priyanka	B. Priyanka	B. Priyanka
37	820BE21BAR077	PRIYANKA.M	M. Priyanka	M. Priyanka	M. Priyanka	M. Priyanka	M. Priyanka
38	820BE21BAR078	KAHILA.S	S. Kahila	S. Kahila	S. Kahila	S. Kahila	S. Kahila
39	820BE21BAR079	KAJAGANAPATHI.A	A. Kajagan	A. Kajagan	A. Kajagan	A. Kajagan	A. Kajagan
40	820BE21BAR080	KAJAGOPAL.D	D. Kajagan	D. Kajagan	D. Kajagan	D. Kajagan	D. Kajagan
41	820BE21BAR084	RAKESH.S	S. Rakesh	S. Rakesh	S. Rakesh	S. Rakesh	S. Rakesh
42	820BE21BAR085	REVATHI.M	M. Revathi	M. Revathi	M. Revathi	M. Revathi	M. Revathi
43	820BE21BAR086	ROSELIN.D	D. Roselin	D. Roselin	D. Roselin	D. Roselin	D. Roselin
44	820BE21BAR088	SABIKKUMAR R	R. Sabikkumar	R. Sabikkumar	R. Sabikkumar	R. Sabikkumar	R. Sabikkumar
45	820BE21BAR091	SANGEETHA.S	S. Sangeetha	S. Sangeetha	S. Sangeetha	S. Sangeetha	S. Sangeetha
46	820BE21BAR093	SANKARGANESH.V	V. Sankar	V. Sankar	V. Sankar	V. Sankar	V. Sankar
47	820BE21BAR095	SHAMINA JANNATHUL FARHATH.M	M. Shamina	M. Shamina	M. Shamina	M. Shamina	M. Shamina
48	820BE21BAR098	SIVANESH.K	K. Sivanes	K. Sivanes	K. Sivanes	K. Sivanes	K. Sivanes
49	820BE21BAR099	SIVARAM E	E. Sivaram	E. Sivaram	E. Sivaram	E. Sivaram	E. Sivaram
50	820BE21BAR100	SOWNDARYA.G	G. Sowndarya	G. Sowndarya	G. Sowndarya	G. Sowndarya	G. Sowndarya
51	820BE21BAR101	SRI SUPRIYA.S	S. Sri	S. Sri	S. Sri	S. Sri	S. Sri
52	820BE21BAR105	SUMESH.M	M. Sumesh	M. Sumesh	M. Sumesh	M. Sumesh	M. Sumesh
53	820BE21BAR106	SUNITHA.L	L. Sunitha	L. Sunitha	L. Sunitha	L. Sunitha	L. Sunitha
54	820BE21BAR107	SURIYA PANDIYAN.E	E. Suriya	E. Suriya	E. Suriya	E. Suriya	E. Suriya
55	820BE21BAR108	SURIYA.S	S. Suriya	S. Suriya	S. Suriya	S. Suriya	S. Suriya
56	820BE21BAR109	SUSHMITHA.S	S. Sushmit	S. Sushmit	S. Sushmit	S. Sushmit	S. Sushmit

57	8208E21BAR111	SWETHA.N	N. S. N. S. N. S. N. S. N. S.
58	8208E21BAR117	VENGATESAN M	N. S. N. S. N. S. N. S. N. S.
59	8208E21BAR119	VETRIKUMAR C	N. S. N. S. N. S. N. S. N. S.
60	8208E21BAR123	VINITH.D	N. S. N. S. N. S. N. S. N. S.
61	8208E21BAR003	ABIMANYU.A	N. S. N. S. N. S. N. S. N. S.
62	8208E21BAR005	ABIRAMI.R	N. S. N. S. N. S. N. S. N. S.
63	8208E21BAR009	AMEER ALI S	N. S. N. S. N. S. N. S. N. S.
64	8208E21BAR012	ARAFATH AHAMED.K.A	N. S. N. S. N. S. N. S. N. S.
65	8208E21BAR013	ARCHANA.N	N. S. N. S. N. S. N. S. N. S.
66	8208E21BAR017	BAI AMURUGAN.S	N. S. N. S. N. S. N. S. N. S.
67	8208E21BAR018	BHARATHI RAJA.M	N. S. N. S. N. S. N. S. N. S.
68	8208E21BAR022	DAINISHA.M	N. S. N. S. N. S. N. S. N. S.
69	8208E21BAR025	DINESHKUMAR R	N. S. N. S. N. S. N. S. N. S.
70	8208E21BAR026	DURGA.D	N. S. N. S. N. S. N. S. N. S.
71	8208E21BAR027	GUNAAL.K	N. S. N. S. N. S. N. S. N. S.
72	8208E21BAR031	KALIDOSSS.M	N. S. N. S. N. S. N. S. N. S.
73	8208E21BAR032	KARPAGARAJ.K	N. S. N. S. N. S. N. S. N. S.
74	8208E21BAR033	KARTHIGA.K	N. S. N. S. N. S. N. S. N. S.
75	8208E21BAR035	KARUNAKARAN.R	N. S. N. S. N. S. N. S. N. S.
76	8208E21BAR036	KATHIR VELJ	N. S. N. S. N. S. N. S. N. S.
77	8208E21BAR037	KAVIYAN.V	N. S. N. S. N. S. N. S. N. S.
78	8208E21BAR038	KEFRTHANA K S	N. S. N. S. N. S. N. S. N. S.
79	8208E21BAR039	KESAVAN.R	N. S. N. S. N. S. N. S. N. S.
80	8208E21BAR042	MANO BHARATHI S	N. S. N. S. N. S. N. S. N. S.
81	8208E21BAR043	MANOHAR.S	N. S. N. S. N. S. N. S. N. S.
82	8208E21BAR044	MANOJ KUMAR.V	N. S. N. S. N. S. N. S. N. S.
83	8208E21BAR045	MANOJKUMAR T	N. S. N. S. N. S. N. S. N. S.
84	8208E21BAR046	MATHIVANAN.G	N. S. N. S. N. S. N. S. N. S.
85	8208E21BAR053	MOHAMED YASIR.S	N. S. N. S. N. S. N. S. N. S.
86	8208E21BAR059	NAGARAJAN.S	N. S. N. S. N. S. N. S. N. S.
87	8208E21BAR060	NANDHINI.M	N. S. N. S. N. S. N. S. N. S.
88	8208E21BAR063	NAVINESH.T	N. S. N. S. N. S. N. S. N. S.
89	8208E21BAR064	NEYAN.A	N. S. N. S. N. S. N. S. N. S.
90	8208E21BAR065	NILAVARASI.M	N. S. N. S. N. S. N. S. N. S.
91	8208E21BAR069	NIVETHA.T	N. S. N. S. N. S. N. S. N. S.
92	8208E21BAR070	PAVITHRAN.P	N. S. N. S. N. S. N. S. N. S.
93	8208E21BAR072	PRASANTH.N	N. S. N. S. N. S. N. S. N. S.
94	8208E21BAR073	PRAVEENKUMAR T	N. S. N. S. N. S. N. S. N. S.
95	8208E21BAR075	PREMA.V	N. S. N. S. N. S. N. S. N. S.
96	8208E21BAR082	RAJESHKUMAR R	N. S. N. S. N. S. N. S. N. S.
97	8208E21BAR083	RAJKANNAN.M	N. S. N. S. N. S. N. S. N. S.
98	8208E21BAR087	SABARI DHERSINI.S	N. S. N. S. N. S. N. S. N. S.
99	8208E21BAR089	SAKI.B	N. S. N. S. N. S. N. S. N. S.
100	8208E21BAR090	SAKTHIVALAVAN.S	N. S. N. S. N. S. N. S. N. S.
101	8208E21BAR092	SANGEETHA.V	N. S. N. S. N. S. N. S. N. S.
102	8208E21BAR094	SHAKULAMLERKHAN B	N. S. N. S. N. S. N. S. N. S.
103	8208E21BAR096	SHANMATHY.R	N. S. N. S. N. S. N. S. N. S.
104	8208E21BAR097	SHANMUGAMANI.S	N. S. N. S. N. S. N. S. N. S.
105	8208E21BAR102	SRIDHAR.G	N. S. N. S. N. S. N. S. N. S.
106	8208E21BAR103	SIRAM.P.R	N. S. N. S. N. S. N. S. N. S.
107	8208E21BAR104	SIRAM.M	N. S. N. S. N. S. N. S. N. S.
108	8208E21BAR110	SWETHA.M	N. S. N. S. N. S. N. S. N. S.
109	8208E21BAR112	THAMLEMUL ANSARY.S	N. S. N. S. N. S. N. S. N. S.
110	8208E21BAR113	THAVASEELAN.R	N. S. N. S. N. S. N. S. N. S.
111	8208E21BAR114	UDHAYA.M	N. S. N. S. N. S. N. S. N. S.
112	8208E21BAR115	VADIVEL.S	N. S. N. S. N. S. N. S. N. S.
113	8208E21BAR116	VENGADESHWARI.R	N. S. N. S. N. S. N. S. N. S.
114	8208E21BAR118	VENKATESH.M	N. S. N. S. N. S. N. S. N. S.
115	8208E21BAR120	VIGENESH.D	N. S. N. S. N. S. N. S. N. S.
116	8208E21BAR121	VIGNESH.T	N. S. N. S. N. S. N. S. N. S.
117	8208E21BAR122	VIAJIV.T.S	N. S. N. S. N. S. N. S. N. S.

118	8208E21BAR124	VISHALV	Vishal	Vishal	Vishal	Vishal	Vishal
119	8208E21BAR125	VISHWA.R	R. Vishwa	R. Vishwa	R. Vishwa	R. Vishwa	R. Vishwa
120	8208E21BAR126	YUVARAJA.S	S. Yuvaraj	S. Yuvaraj	S. Yuvaraj	S. Yuvaraj	S. Yuvaraj

Introduction:

The course titled "Operations Research Made Easy with TORA" was conducted with the aim of providing participants with a comprehensive understanding of the basic concepts and techniques used in Operations Research, and to enable them to solve real-world problems using the TORA software.

Course Objectives:

The primary objectives of the course were:

To introduce participants to the fundamental concepts and techniques of Operations Research.

To provide participants with hands-on experience in using TORA software for solving Operations Research problems.

To enable participants to apply the knowledge and skills gained from the course to solve real-world problems.

Course Contents:

The course was divided into six modules, each covering a specific topic related to Operations Research:

Introduction to Operations Research and Linear Programming

Graphical Solution Methods for Linear Programming Problems

Simplex Method for Linear Programming Problems

Duality Theory and Sensitivity Analysis

Transportation and Assignment Problems

Network Analysis and Project Management

Each module was delivered over a period of two days, with a total of 12 days of classroom instruction.

Teaching Methodology:

The course was conducted using a combination of lectures, demonstrations, and hands-on exercises. The instructors used a problem-based approach to teaching, with a focus on practical applications of Operations Research techniques.

The participants were provided with access to TORA software, which they used to solve problems related to each module. The instructors provided feedback and guidance to the participants throughout the course.

Conclusion:

The course "Operations Research Made Easy with TORA" was successful in achieving its objectives of providing participants with a comprehensive understanding of the basic concepts and techniques of Operations Research and enabling them to apply this knowledge to solve real-world problems using TORA software.

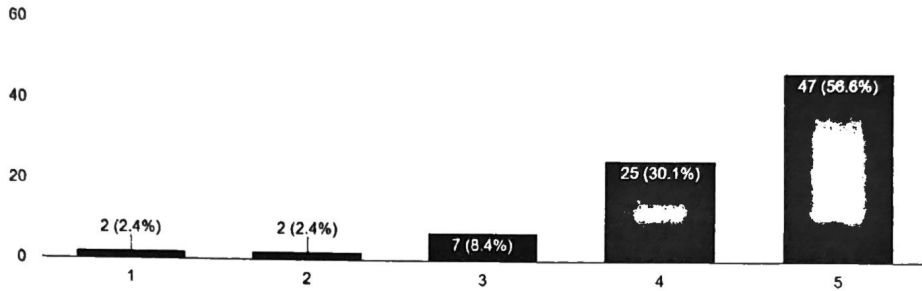
The course was well received by the participants, who found the problem-based approach to teaching to be effective in enhancing their understanding of the subject. The high level

of engagement and participation demonstrated by the participants throughout the course is a testament to its success.

Feedback:

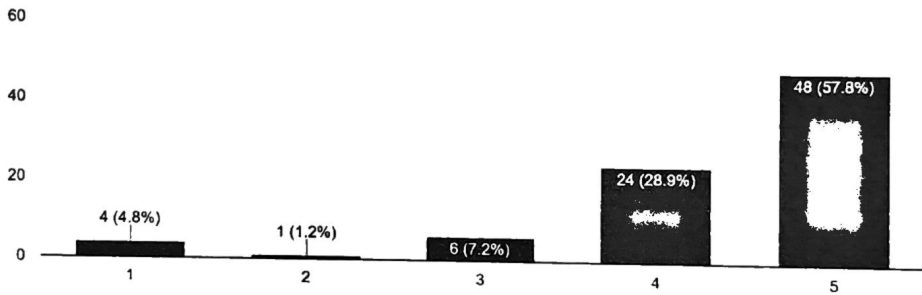
1. The information presented today by the speaker was clear and easy to understand.

83 responses



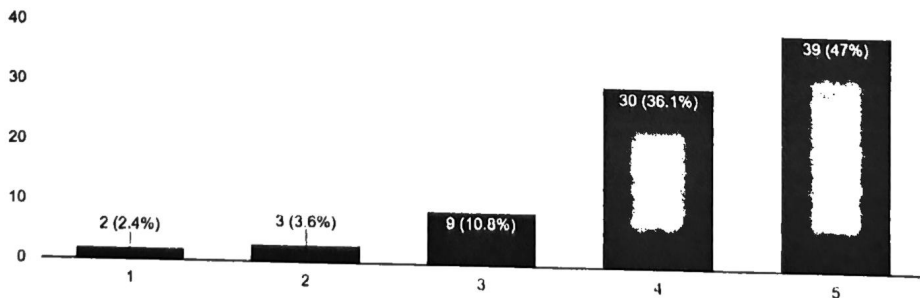
2. The presenter interacted well with the audience

83 responses



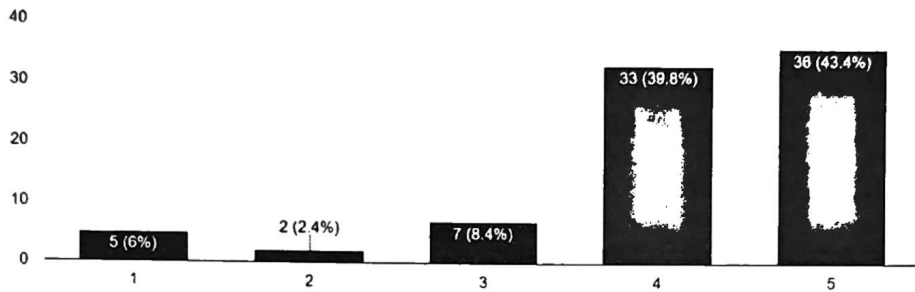
3. The presenter seemed well-informed about the topic

83 responses



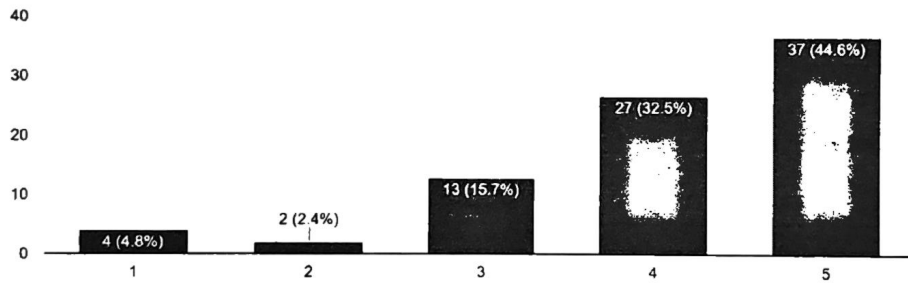
4. You are likely to use this information in the future

83 responses



5. How would you rate the overall experience of the event

83 responses



E.G.S PILLAY ENGINEERING COLLEGE (AUTONOMOUS) NAGAPATTINAM
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

ARULMOZHI K

HAS SUCCESSFULLY COMPLETED THE OPERATION RESEARCH MADE WITH TORA
VALUE ADDED COURSE AND HAS AWARDED GRADE 'O'

11 MARCH 2022



Mr.S.Sakthi Kamal Nathan,
Course In-Charge



Dr.R.Karthi,
Director & Head-MBA

**L.G.S PILLAY ENGINEERING COLLEGE (AUTONOMOUS) ANNEKENTURAI
DEPARTMENT OF MANAGEMENT STUDIES**

THIS CERTIFIES THAT

MATHIVANAN.G

HAS SUCCESSFULLY COMPLETED THE OPERATION RESEARCH MADE WITH TORA
VALUE ADDED COURSE AND HAS AWARDED GRADE 'O'

11 MARCH 2022



Mr.S.Sakthi Kamal Nathan,
Course In-Charge



Dr.R.Karthi,
Director & Head-MBA

**J.G.S PILLAY ENGINEERING COLLEGE (AUTONOMOUS) NAGAPALLEM
DEPARTMENT OF MANAGEMENT STUDIES**

THIS CERTIFIES THAT

SOWNDARYA.G

HAS SUCCESSFULLY COMPLETED THE OPERATION RESEARCH MADE WITH TORA
VALUE ADDED COURSE AND HAS AWARDED GRADE 'O'

11 MARCH 2022



Mr.S.Sakthi Kamal Nathan,
Course In-Charge





Dr.R.Karthi,
Director & Head-MBA

E.S.PILLAY ENGINEERING COLLEGE (AUTONOMOUS) NAGAPATTINAM
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

MUNEERA.M.Y

HAS SUCCESSFULLY COMPLETED THE OPERATION RESEARCH MADE WITH TORA
VALUE ADDED COURSE AND HAS AWARDED GRADE 'O'

11 MARCH 2022



Mr.S.Sakthi Kamal Nathan,
Course In-Charge





Dr.R.Karthi,
Director & Head-MBA

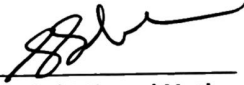
E.G.S PILLAY ENGINEERING COLLEGE (AUTONOMOUS) NAGAPATHNAM
DEPARTMENT OF MANAGEMENT STUDIES

THIS CERTIFIES THAT

NAGARAJAN.S

HAS SUCCESSFULLY COMPLETED THE OPERATION RESEARCH MADE WITH TORA
VALUE ADDED COURSE AND HAS AWARDED GRADE 'O'

11 MARCH 2022



Mr.S.Sakthi Kamal Nathan,
Course In-Charge



Dr.R.Karthi,
Director & Head-MBA